



Issue 13: November 2013

Members Newsletter



Scottish Families officially launches alcohol into remit

Dear Members and Supporters:

In September Scottish Families formally took on responsibility for providing support and services to families impacted by alcohol. This process began some 15 months ago with Board discussions followed by an open solicitation of our membership's views via our December 2012 newsletter. The Health Secretary Alex Neil performed the formal launch in Glasgow saying:

'We all understand the damaging effects of alcohol on us as individuals, however alcohol and drug misuse can have a huge impact on those closest to us.

It's a stark fact that Scotland's drink problem remains significantly worse than the rest of the UK. In fact, Scots drink almost a fifth more than their counterparts in England and Wales, fuelling much higher levels of alcohol-related harm.

Many families are supporting or caring for a family member that has problematic drug and alcohol use. These families need support, which is why the work of Scottish Families Affected by Alcohol and Drugs is so important and why I'm pleased the Scottish Government are able to invest in such a worthy cause.

I recognise the bravery and courage of those in recovery, as well as the loving and strong families and friends that support them.'

I am sure that these tremendous words of encouragement and support for both families and the ones they support will go a long way to ease what is sometimes a very lonely, distressing and difficult recovery journey. However, recovery for all, families and their loved ones is possible and does happen as the lived experiences of so many show us each day.

Our Helpline has begun to receive an increase in the number of calls from families affected by alcohol and we will offer them the same level of support we have offered families affected by drugs over the past 10 years.

I hope you enjoy reading this edition of our newsletter and if you have any ideas for contributions to future editions, drop me a note on Christine@sfad.org.uk

Sincerely,

Christine

Christine Duncan MSW

CEO



“ I recognise the bravery and courage of those in recovery, as well as the loving and strong families and friends that support them.”

Alex Neil
Cabinet Secretary for Health and Well-being

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Alcohol Policy @SFAD

Following the inclusion of alcohol into the remit of Scottish Families, we are currently reviewing the Scottish Government's Alcohol Framework policy document to seek policy areas to engage with government and other relevant stakeholders as well as gaps for improvement. This includes on:

- Supporting Alcohol Minimum Pricing policy and promoting good practice learned in other countries.
- Improving the teaching and learning of alcohol misuse as part of Personal, Social, Health Education lessons in schools ensuring that this is taught from an early (primary) age. We would support age appropriate learning i.e. learning more and more about the topic as the young person grows older.
- Supporting a campaign to highlight the dangers of Foetal Alcohol Syndrome.
- Scottish Families intends to carry out two masterclasses in Grampian and Glasgow on alcohol misuse and family recovery.
- Working with professional bodies i.e. primary care, teachers etc. to promote awareness and recovery training.

Meet the SFAD Staff



Gillian McKenzie
Executive Assistant and Secretary to the National Drug Related Death (NDRD) Forum

After graduating from Glasgow Caledonian University, Gillian worked within the voluntary and charity sector. She has gained over 15 years in this field and has worked for addiction services in Argyll & Bute and recently within a Scottish bereavement charity. Gillian, who joined Scottish Families in August 2013, has a dual role between Scottish Families and the National Forum for Drug Related Deaths.

Gillian likes spending time with her young family and enjoys travelling. She is also an active fundraiser for a charity that is close to her family's heart and in the last 7 years they have raised £75k helping children in the West of Scotland who are affected by cleft lip/palate.



Cathy McIntosh
Finance and HR Officer

Cathy joined the organisation in October 2006 and is the longest serving member of the team. Before 2006 she worked in a mental health project. Her job involves maintaining financial management systems and

providing balance sheets for the Board and funders. She is our Company Secretary. She says, 'I wanted to use my past experiences and knowledge to support and empower families who are affected by drug misuse. In this economic climate it is vital to keep expenditure strictly within budget. Accurate and transparent financial systems are fundamental to an effective organisation.'



Usman Ali
Policy Development Officer

Usman is a graduate of the School of Government and Public Policy at the University of Strathclyde and has worked for two senior Scottish politicians. He also has an extensive back-

ground in education and community policy and campaigns. Usman is also involved in various community and youth work.

Usman joined Scottish Families in August 2013. In his spare time, Usman enjoys taking part in various community and youth projects as well as spending time with his family, reading and going to the cinema.



Maureen Kennedy
Helpline Development Officer

Maureen is responsible for developing our helpline and support services including supporting the volunteers who operate the helpline. Maureen joined the organisation in

November 2012 and brings experience gained within the alcohol and drug field into the work she delivers for Scottish Families. Maureen says "I am delighted to be part of an organisation that understands and supports the needs of the whole family when working with those affected by alcohol and drugs misuse. Through our free confidential helpline we aim to provide support and signposting to families across the country"

Maureen enjoys spending time with her family and has a particular interest in supporting children with additional support needs.



Michelle Young
Administrator and Finance Assistant

Michelle joined Scottish Families in July 2013. A native of Houston, Texas, she brings extensive experience supporting major national and international organisations in areas including finance, event management, and company administration. She is a 2005 graduate of Randolph Macon Woman's College with a BA in International Studies and German, as well as, a 2009 graduate of the University of Glasgow, MSc with Merit in International Politics and Human Rights.

Michelle enjoys visiting the Scottish countryside with her husband and dog.



Karen McGregor
National Coordinator for Family Support Services

Karen joined the organisation in August 2013 as National Coordinator for Family Support Services. Karen has a nursing background working in the NHS and private sector as well as

experience in providing direct care and support to older people in local authority services. Karen's more recent experience includes commissioning and contract monitoring of care home services provided by voluntary and private providers. Just prior to joining the organisation Karen's remit was in the public sector designing and reforming services for adults in Glasgow. Karen says "I am greatly looking forward to being part of such an important organisation, which is expanding to meet the needs of family members affected by alcohol and drugs".

Karen is enjoying meeting many people from different organisations and groups, is learning much about the geography of Scotland and is becoming an avid traveller. However, one journey she knows really well is the one to her caravan (sanctuary) outside Aviemore which she makes as many weekends as possible. Karen enjoys her work but still finds solace in a de-stressing run around the country roads near her home but is already looking forward to the lighter nights.



Tanja Mehrer
Grampian Family Support Services

Tanja joined Scottish Families in August 2013 as Family Support Development Officer for the Grampian region. Originally from Germany, she moved to Scotland in

2004 and lives in Grampian. With a degree in Social Work, Tanja has been working within the voluntary sector for over 15 years in Germany, New Zealand and Scotland. She gained extensive experience in developing community based support services for individuals affected by mental health issues and their families. More recently she was involved in developing social inclusion support for people with vision or hearing loss.

Tanja is delighted to have been given the opportunity to help develop a wide range of family support services and to ensure that they address the specific needs of individual family members and of family support groups.

During Tanja's introductory tour of Grampian she met many family members and was humbled by listening to their experiences but also by witnessing their strength and power, gained through supporting each other. Tanja hopes that this post will assist those families to meet their needs by bringing about positive changes in Grampian.



Claire Wadsworth, East Dunbartonshire Family Support Development Officer

After graduating from Aberdeen University in 1996 with a MA in Combined Studies, Claire worked for 3 years in Essex in a residential school for children with

emotional & behavioural difficulties. On returning to Scotland, Claire worked in Drumchapel for over 10 years as an advocate for vulnerable adults and then for children & young people. She completed her COSCA counselling skills training and has volunteered with Cruse Bereavement since 2009. Claire joined Scottish Families in September 2013 and is really looking forward to her new role.

When Claire is not working she is kept busy by her lovely (but demanding!) husband & two children, Joe and Ava. Claire and her family enjoy most sports, especially cycling & football, although Claire was told she needs to work on her passing! Claire has really enjoyed her first month at SFAD and is excited to be a part of the Kirkintilloch family support group.



Scott Clements
Training and Quality Manager

Scott is responsible for quality assurance of our helpline and information services along with developing and delivering both internal and external training and development. Scott joined the

organisation in March 2011, bringing a wealth of experience gained through managing health and lifestyle information and advice services. Scott is an experienced trainer and highlights the importance of a knowledgeable workforce with the right skills and attitudes to provide families with the support they need. Scottish Families has worked with families and organisations that support families for ten years and uses this experience to provide training to the alcohol & drug, and wider workforce to increase provision for families.

Family Inclusive Practice

Evidence for the effectiveness of treatment models and approaches that include families is very strong. Many practitioners and services are recognising that family inclusive practices make sense, contributing to better outcomes for individuals, families and communities.

Scottish Families can create and deliver bespoke training to suit your organisational needs to ensure it is family centred, family sensitive and family inclusive.

To discuss your training needs contact Scott:
training@sfad.org.uk

SCOTTISH FAMILIES AFFECTED BY ALCOHOL AND DRUGS

WORKING TO PROMOTE GOOD POLICY AND PRACTICE FOR FAMILIES AFFECTED BY ALCOHOL AND SUBSTANCE MISUSE

Opioid Review Therapy Response from Scottish Families

Scottish Families Affected by Alcohol and Drugs has responded to the request made by the Independent Expert Group's Review on ORT which asked SFAD to look into the anxiety and depression issues faced by family members affected by alcohol and substance misuse.

Research into this will now be commissioned with a number of academics already having been approached.

SFAD have also taken part in a Scottish Government workshop which looked at the recommendations made and have submitted ideas to the government on how to take them forward.

Look at future SFAD newsletters for further developments.

Carers Summit 2013

Scottish Families Affected by Alcohol and Drugs attended the Carers Summit hosted by the Carer's Trust at the Glasgow City Chambers on Friday 25th October 2013.

Addressing the summit, Deputy First Minister Nicola Sturgeon MSP asked delegates and organisations to remind their organisation membership bases of the support available to those being directly impacted by the welfare reforms of the UK Government.

The Scottish Government has provided the following support for those in need:

- The Scottish Welfare Fund was set up to offer crisis loans and is delivered by local authorities but within a national framework. The fund is able to help up to 200,000 families but has only been used by 20,000 so far. Scottish Families and the Scottish Government urge families in need to access the welfare fund by contacting their local authority.
- The Scottish Government has set up an expert group to look at welfare reform and Scottish Families encourages you to feed in your views about what you think the welfare system should look like. Please feed in your views and comments to policy@sfad.org.uk with the subject marked WELFARE and Scottish Families will pass this on as part of its wider response to government.

Consultations

Scottish Families Affected by Alcohol and Drugs is responding to a number of Scottish Government Consultations.

You can have your say by completing the SFAD consultation forms and returning them to policy@sfad.org.uk by the deadline so that your views can be fed into the wider Scottish Families response.

Adult Support Protection Code – 13th November 2013

Rehabilitation of Offenders – 13th November 2013

Development of Electronic Tagging – 21st December 2013

Serious Crime Orders – Now Closed. Scottish Families response available online.

As you will be aware, Scottish Families held their AGM in Aberdeen on 2nd September. I was honoured to be elected as joint Vice Chair (for families). This is indeed an honour, a representative voice for families drawn on personal experience and the experiences of other family members that I am in contact with on a daily basis.

Tanja, Family Support Development Officer for the Grampian Region has now been in post for nearly 3 months and is making a difference already. Tanja is working in partnership with us as part of her remit and has been a tremendous support. Tanja has now met with family members in all the peer support groups throughout Grampian and has had a positive reaction from family members and professionals alike.

Scottish Families held an event in Glasgow on Wednesday 25th September to launch the inclusion of alcohol in their remit. Alex Neil, Cabinet Secretary for Health and Wellbeing launched the event. Betty, one of our Forum members was invited to speak. Betty is a grandmother caring for a grandson due to his mother's death from alcohol abuse and the ongoing drug addiction of his father. Betty has held her family together through some traumatic experiences and to say she touched the Ministers heartstrings would be an understatement.

Our last Forum meeting which was held in Aberdeen on 4th October was very well attended. We had a new member on board, a fourth year student pharmacist. This lady feels very passionately that pharmacists should be more informed and equipped to signpost service users and family members towards services and support pathways to recovery. We agreed that our next Forum meeting should be held in Moray as our membership has increased to 7 in that area. The next meeting will be held in Elgin on Friday 6th December.

We have joined forces with 'Incite', a team that are part of Drugs Action in Aberdeen who specialise in delivering training on NPS (new psychoactive substances) or 'legal

highs' as they are more commonly known. We met twice with the trainer, Kenny, to plan a training package on NPS specifically for family members. We felt there was a need as more and more family members are approaching our peer support groups for support regarding a family member's abuse of NPS. Our first training session took place in Banff on 26th September and the feedback was very positive. We have therefore organised another training event in Fraserburgh on 21st November.

Moray ADP hold frontline forum meetings regularly, which some of our members attend. These meetings are well attended by agencies throughout Moray. With Tanja's appointment, and indeed influence they have decided that the subject of the next meeting will be 'families'. The purpose of the Frontline Forum Session on 21st November is to :

- Increase awareness about the support needs of families/ significant others
- Increase understanding of the benefits of involving significant others in recovery planning
- To identify ways of overcoming the barriers associated with supporting families as recovery partners

Tanja has been working closely with Quarriers and several family members have been interviewed, some of whom will be attending the meeting. We feel that the outcome of this meeting will be a great step forward for family support in Moray.

One of our Moray members has been invited, and has accepted, a place on the Carer's Group at the Scottish Government. Another member, from Aberdeen, will be speaking at the Scottish Families event at Parliament entitled 'Promoting Family Recovery Across Scotland' on 21st September. We are so proud to have such a proactive membership.

The next big event in Grampian is the NHS Grampian Conference in Aberdeen on 28th November entitled 'Fit for the Future? – Challenges of



Meeting Emerging Needs'. We are absolutely delighted that the 3 ADPs in Grampian have offered us 9 funded places for our members. We are really excited about this conference, the Workshops are amazing, they include:

- 'Making Recovery Visible'- facilitated by AiR (Aberdeen in Recovery)
- 'Legally High'
- 'Improving Parental Engagement'
- 'A sample and a Script; Progress made and challenges ahead for opiate replacement therapy and other treatments'
- 'Focussing on Families – Improving responses and support'
- 'For your Good Health: the impact of alcohol and the challenges of its regulation'

One of the aims of the conference is to attract representatives from service users, family members, people in recovery and communities, so that constructive discussion can take place involving views from all perspective. Yet another opportunity to have our voices heard!

Sheila McKay
Grampian Family Support Chair





***Is a loved one
misusing drugs or
alcohol?***

***Do you live in East
Dunbartonshire?***

***Is their substance use
affecting you?***

Do you need support?

Scottish Families Affected by Alcohol & Drugs can help.

We can offer support and information:

- Family support groups
- Advocacy representation
- Signposting to local services

For more information contact Claire on:

***0798 620 5358 or
claire@sfad.org.uk***

***Now meeting every 2nd Thursday from 10 a.m. to 12 p.m. at
Kirkintilloch Baptist Church***

www.sfad.org.uk

New Support Guide Available to Bereaved Families

Police Scotland and FASS jointly developed a leaflet providing information and support for bereaved families following a suspected drugs overdose. Scottish Families acknowledges the great work and effort of Police Scotland and FASS to ensure improved support for families during the difficult process. The below support guide is a summarised version of the leaflet created by Scottish Families for the purpose of this newsletter.

[Supporting YOU and your Family in times of Bereavement.pdf](#)

Scottish Families CEO, Christine Duncan, explained the need for further support saying “The immediate minutes, hours and days after a family has lost a loved one are very difficult and distressing. Families need practical support, guidance, advice and a listening ear. Members who have lost a loved one to a drug related death report that it is viewed differently to other deaths as so much stigma is still wrongly attributed.”

Superintendent Alan Cunningham from Police Scotland stated, “ I am also fully committed to improving the service provided by Police Scotland during the very traumatic circumstances of a drug related death, particularly how we communicate with and support families at such a distressing time.

I have included a leaflet in this edition of your newsletter outlining our role and procedures during the investigation of a suspected drug related death and I am working closely with Christine and the SFAD team to improve our working relationship going forward.”

Scottish Families are pleased to announce that we have just begun to work with Police Scotland to develop a bereavement counselling service for families who sadly have a loved one die from a drug related death. We will keep you informed as the work progresses.

Superintendent Cunningham and his team would appreciate your assistance by providing views on how Police Scotland can further improve their service to better support families. Please use the contact details below to share your view.

Alan Cunningham
Superintendent
Specialist Crime Division - Safer Communities
Police Scotland
alan.cunningham2@scotland.pnn.police.uk
0141 532 6941

Supporting Scotland's Kinship Carers

Mentor is a drug and alcohol prevention charity that focuses on promoting and protecting the health and wellbeing of children and young people across Scotland. Children and young people being brought up by carers other than their parents can be particularly vulnerable to drugs and alcohol related harm. Mentor therefore aims to reduce the potential for drug and alcohol related harm to these children and young people, by supporting them and those caring for them.



Over the last 5 years Mentor has been working closely with kinship carers, support agencies across Scotland and the Scottish Government to help protect the children in their care. By working closely with carers we have highlighted the many needs of carers, produced a national Kinship Care Resource Guide, are delivering a dedicated support service to kinship care families, provide training and are currently looking at different types of interventions which will support kinship carers to understand and deal with the many challenges they face in caring for their children.

Through working closely with kinship carers, Mentor strives to raise awareness of kinship care and enable those in all types of arrangements, be it "looked after", "non looked after" or informal to be aware of their rights, roles and responsibilities as well as the support that "should" be available to all. Through funding from the Scottish Government we have produced 10,000 copies of our

Resource Guide which have gone into public circulation and we are delighted that a new edition will be produced in the New Year following the introduction of the Children and Young People's Bill and the Welfare Reform Act.

Mentor also deliver training sessions across the country with a particular focus on understanding the impact of substance misuse on the family. We have delivered a number of these sessions already with great feedback and each session is targeted specifically to the needs of that group.

In working closely with carers Mentor has seen the many difficulties they face and so in July 2012 Mentor commenced their 3 year Families Together Project which was funded by the Big Lottery Fund. This pilot project aims work with local authorities to improve practice while helping to build resilience and improve family relationships for kinship carers across the Lothians and elsewhere if successful. By providing dedicated family support within the home and community we link carers into support groups, provide training and information workshops, advocate for them, link carers into appropriate community support services as well as offer respite. Mentor also works with the children holding activities to help build peer support, confidence and self esteem as well as residential. Family outings are then held to bring the whole family together undertaking fun challenges which bring them together as a unit.

Our first year in East Lothian has been a great success and an event held in May highlighted that local authorities, support agencies, education services and health services need to communicate to ensure that kinship carers have access to support at all times. We also highlighted that kinship care is a fantastic arrangement that needs to be recognised, promoted and supported. It is our intention then



in the next few months to hold an event with local authorities to share good practice and encourage them to look at and question the value of their kinship care provision

In order to address this Mentor are currently working to assess and identify appropriate support for kinship carers in helping to deal with the many challenges they face in taking on the care of these children. Many carers are handed a child who may have suffered abuse, neglect and are expected to take care of them with little or no support financially, practically and or emotionally. Without support carers can be unprepared and unaware of the often challenging behaviour, attachment or anger issues that are presented.

At this time Mentor are looking at different types of interventions nationally and internationally that have proven successful in making a positive impact on family development and support. Mentor shall then adapt these interventions specifically to kinship care arrangements and pilot these across Scotland. It is our intention then that all kinship carers will have access to this information, guidance and training in order to support these children to the best of their ability.

If you would like further information about Mentor's work, would like a copy of the Resource Guide, receive training or would just like general information around kinship care then do not hesitate to contact us on 0131 334 8512, email admin-scotland@mentoruk.org, visit our website www.mentoruk.org.uk or visit us on Facebook @ Supporting kinship care in Scotland.



Alcohol and Domestic Abuse



Alcohol and domestic abuse are closely related in the public's mind; many people believe that drinking drives domestic abuse and if the alcohol was removed the violence and abuse would end; that is to say there is a causal link between alcohol and domestic abuse. But is this true? What does the evidence say? The links between alcohol and domestic abuse are complex but it is important that those working in the alcohol field have an understanding of the issues in order to work safely with both victims and perpetrators.

Research has shown that one third of all domestic abuse incidents reported to the police involve alcohol. This obviously means it is not the situation in two thirds of cases, which strongly suggests that something else causes domestic abuse. Furthermore, research suggests that often the amount of alcohol consumed before domestic incident is only a few drinks, rather less than the amount generally considered necessary to make someone 'lose it'. A straight forward causal link between alcohol and domestic abuse quickly starts to look less than convincing.

Perhaps even more pertinently, 'losing it' and domestic abuse are not the same thing. Domestic abuse is not an isolated incident, not a 'one off' – nor is it a fight or an argument between two people who are equal in a relationship. Rather it is a pattern of surveillance and domination by one partner (most usually the man) over the other (typically the woman with domestic abuse also occurring in same sex relationships), where fear is not just a by-product but a central

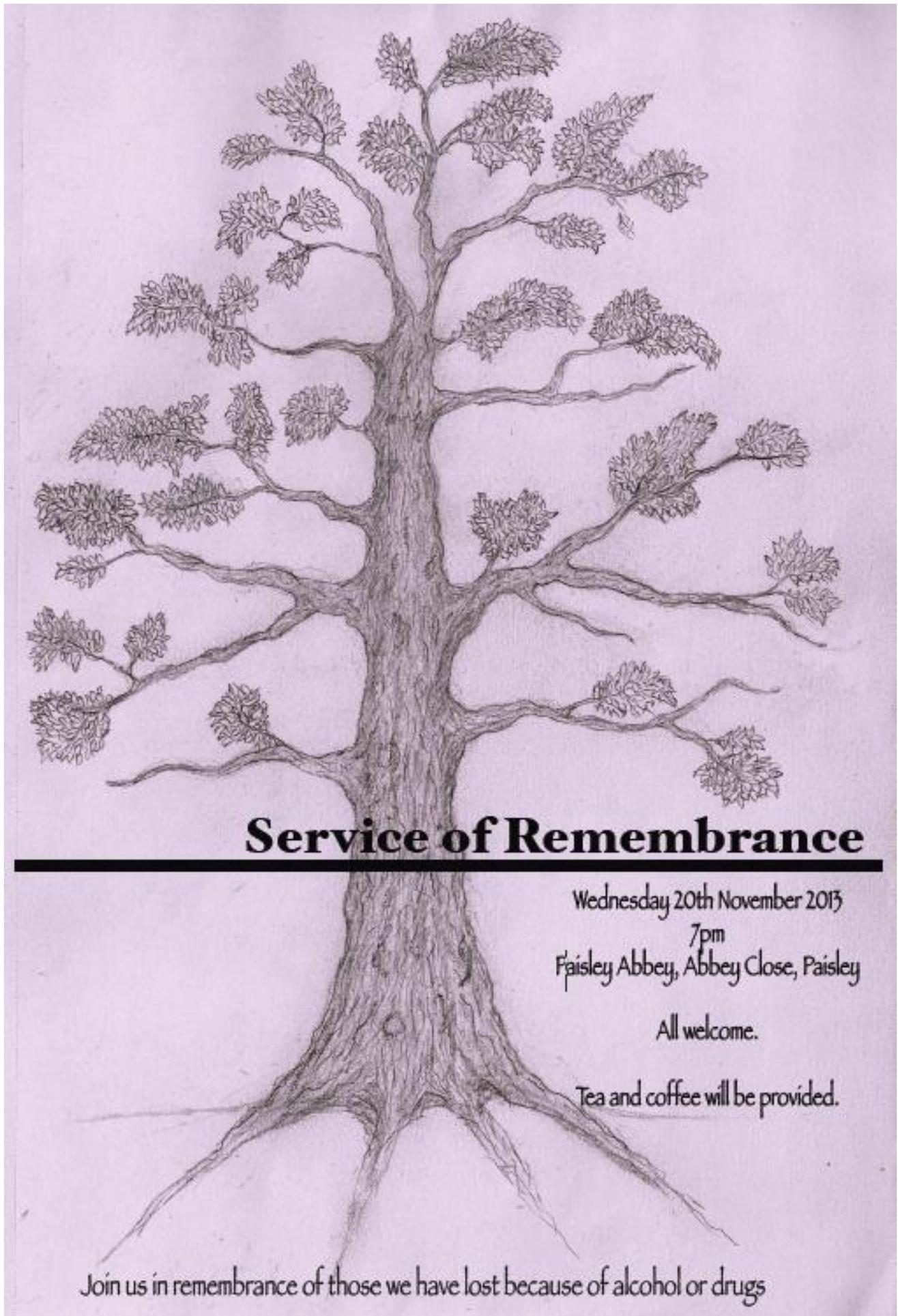
tactic used by the perpetrator. Within this pattern of behaviour, physical violence can be non-existent, regular and 'low level' or serious and sustained. Women also often experience high levels of sexual violence and financial control. Leaving is a particularly dangerous time, which often sees increased levels of physical violence. The perpetrator creates a world in which the victim is constantly monitored and criticised; every move is checked against an unpredictable, ever-changing, unknowable 'rule-book'. Violence occurs when 'rules' are broken and when the perpetrator needs to reassert control. Surveillance continues even when the perpetrator is not present (constant phone calls or texts, using children to report on movement etc). The perpetrator can come to appear omnipotent. Alcohol does not cause this behaviour.

So if there is not a causal link between alcohol and domestic abuse what is their relationship? Research suggests that alcohol is often used by perpetrators as a vehicle and an excuse for their violence. This is made possible by our societal acceptance of the idea of alcohol causing violence. But co-occurrence is not the same as causation. Practitioners can add to a victim's danger by colluding with a perpetrator and agreeing that violence is caused by alcohol. Any 'disinhibition' that occurs here is entirely socially constructed; it works only because the user expects it to. The same research highlights that drinking and violence can be manifestations of similar underlying desires for feeling powerful and feeling better about self. Furthermore, where perpetrators tend to drink before violence is used, victims tend to

drink after. Alcohol is often used by those experiencing domestic abuse as a form of self-medication (and if this is a problem it is often 'situational' and when the abuse ends the drinking does also). Detoxing for a victim of domestic abuse can also add to risk; in drinking less they are less easy to control and a greater 'threat' to their perpetrator who responds with increased controls, surveillance and physical violence. Alcohol then is a serious risk factor in the perpetration of domestic abuse and has serious consequences for victims. It is indeed a matter that practitioners in the field should be alert to.

For further information about domestic abuse and sources of help for victims:
 Scottish Women's Aid
www.scottishwomensaid.org.uk
 Men's Advice Line
www.mensadvice.org.uk
 LGBT Domestic Abuse Project
www.lgbtdomesticabuse.org.uk

Nel Whiting
 Learning & Development
 Co-ordinator
 Scottish Women's Aid



Service of Remembrance

Wednesday 20th November 2013
7pm
Faisley Abbey, Abbey Close, Paisley

All welcome.

Tea and coffee will be provided.

Join us in remembrance of those we have lost because of alcohol or drugs



You are invited to our

20th Ecumenical Service of Remembrance

For all of those who have died through Drug/Alcohol related problems

**Thursday 21st November 2013
7.30pm**

**St Alphonsus' Church
London Road, Glasgow, G40 2ST**

Service will be opened by
Lady Provost Sadie Docherty

And led by
Father Ian Bathgate, St Alphonsus' Church
Rev Peter Davidge, Gallowgate Church

If anyone would like a loved one's name read out at the service please contact FASS on 01414202050

ALL Welcome

Family Addiction Support Services (FASS)
The West Street Centre, 123 West Street, Glasgow, G5 8BA
Tel: 01412022050 email: info@fassglasgow.org



NHS GRAMPIAN
SUBSTANCE MISUSE SERVICE

IN ALLIANCE WITH

THE GRAMPIAN ALCOHOL & DRUGS PARTNERSHIPS

Will be holding the
11th Substance Misuse Symposium

**“Fit for the Future? –
Challenges of Meeting Emerging Needs”**

On

28TH NOVEMBER 2013

at the

Aberdeen Exhibition and Conference Centre

The theme of this year’s one-day conference is
The Challenges facing Services, Families and Communities

with speakers including

Ms Val Tallon, National Delivery Advisor (Alcohol & Drugs) Scottish Government,

Dr Bruce Davidson, Consultant Addiction Psychiatrist, NHS Grampian,

Ms Averil Ferries, Health & Wellbeing Co-ordinator, Aberdeen City Council

together with six workshops

and an open-floor ‘Big Debate’ facilitated by

Mr Donald John MacDonald, Editor News Programmes, STV

Cost £120 – Tea/Coffee/Lunch will be provided

Programme available from:

Susan Dowds, Conference Secretary,

Fulton Clinic, Royal Cornhill Hospital, Aberdeen, AB25 2ZH

Tel: 01224 557267

E-mail: s.dowds@nhs.net

Application for membership 2013-2014

**FILL OUT
& RETURN**

Membership is free to everyone. It is a condition of membership that the aims and objectives of Scottish Families Affected by Drugs are supported.

Personal details

Name:

Job title:

Organisation:

Address:

Postcode:

ADP Area (if known):

Email:

Tel:

Website:

Membership

Please tick one of the following:

- Family Support Group Membership
- Individual Membership
- Company Membership

Signature

Signed:

Date:

PLEASE RETURN TO:

Scottish Families Affected by Alcohol and Drugs, 21 Elmbank Street, Glasgow, G2 4PB